

# “Jack & The Beanstalk”

Moving Minds April 2015

## ELA Small Group Activity

### “Jack and the Beanstalk”

Materials	Set-Up	Activity	Target Skills
<p><b>Activity 1:</b></p> <ul style="list-style-type: none"> <li>• Bean/small cube or other item that can be a “seed”</li> <li>• Cup to “plant” the seed in</li> <li>• Tongs to pick up “seed”</li> <li>• Braided Rope</li> <li>• Scooter board or carpet square / pad for child to lay on while pulling themselves on the floor.</li> <li>• Drawing or picture of giant</li> </ul> <p>Variations:</p> <ul style="list-style-type: none"> <li>• Sheets of drawing paper for each student</li> <li>• Crayons/pencils</li> <li>• Mr. Potato Head and body parts</li> </ul>	<p><b>Activity 1:</b></p> <ul style="list-style-type: none"> <li>• Have children become familiar with the story “Jack and the Beanstalk”.</li> <li>• Tie braided rope to door handle or any stable object.</li> <li>• Place carpet square/mat on floor at the end of rope.</li> <li>• Place picture of giant on wall/surface near the end of rope where it is tied.</li> <li>• Place cup and “seed” at beginning of rope with tongs next to it.</li> </ul> <p>Variations:</p> <ul style="list-style-type: none"> <li>• Child draws a picture of giant after climbing the beanstalk.</li> <li>• Child draws named feature on pre-drawn outline of giant after “climbing the beanstalk”.</li> <li>• Child places named body part on Mr. Potato Head</li> </ul>	<p><b>Activity 1:</b></p> <ul style="list-style-type: none"> <li>• Child pretends to plant a seed using tongs to place item in cup.</li> <li>• Child gets on belly (prone) on top of carpet or mat.</li> <li>• Child pulls self forward by pulling the rope in a hand-over-hand method, pretending to climb up the beanstalk.</li> <li>• When child gets to the end of the rope, he stands up and touches a body part on the giant as instructed by the teacher.</li> <li>• Child sits back down with his group.</li> <li>• Next child does the activity.</li> </ul>	<p><b>Activity 1:</b></p> <ul style="list-style-type: none"> <li>• Upper extremity strengthening/coordination</li> <li>• Pre-scissors skills (tongs)</li> <li>• Back and neck extension</li> <li>• Sequencing of activity</li> <li>• Identification of body parts</li> <li>• Bilateral co-ordination</li> </ul>

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Materials	Set-up	Activity	Target Skills
<p><b>Activity 2:</b></p> <ul style="list-style-type: none"> <li>• Beans or small object that can be a “seed” (for each child).</li> <li>• Number cards.</li> <li>• Tongs (for each child).</li> <li>• Cup (for each child).</li> <li>• Pole or other stable object.</li> <li>• Rope.</li> <li>• Table (used to create an inclined surface).</li> <li>• Picture of giant.</li> </ul>	<p><b>Activity 2:</b></p> <ul style="list-style-type: none"> <li>• Children sit near to where rope activity will be done.</li> <li>• Each child is given “seeds”, tongs and a cup.</li> <li>• Table is propped against pole &amp; legs, at end of table away from pole, are folded down.</li> <li>• Table is placed in such a way that it will not move</li> <li>• One end of the rope is tied to the top of the pole and the other end reaches to the bottom of the table.</li> <li>• Picture of giant can be placed at top of pole.</li> </ul>	<p><b>Activity 2:</b></p> <ul style="list-style-type: none"> <li>• Teacher shows the children a number card, and using the tongs, place that number of “seeds” in their cups.</li> <li>• One child at a time, “climbs up the beanstalk”, by getting on his knees by the rope.</li> <li>• Child holds onto rope &amp; pulls himself up the inclined surface (table) to the top of the pole and “taps” the giant picture.</li> <li>• Child lets go of the rope and slides down the inclined surface (table).</li> </ul>	<p><b>Activity 2:</b></p> <ul style="list-style-type: none"> <li>• Relates to story.</li> <li>• Number recognition &amp; counting.</li> <li>• Hand strengthening &amp; coordination.</li> <li>• Motor planning &amp; body awareness.</li> <li>• Overall strength, balance and coordination.</li> </ul> <p style="text-align: right;"><i>Moving Minds April 2015</i></p>

